



# SCIENTIFIC EVIDENCE

## CONTRIBUTION OF EUROPEAN BLACK ELDERBERRY EXTRACT POLYSACCHARIDES TO IMMUNE FUNCTION (IN VITRO)



**NEW**



**RESEARCH STUDY**

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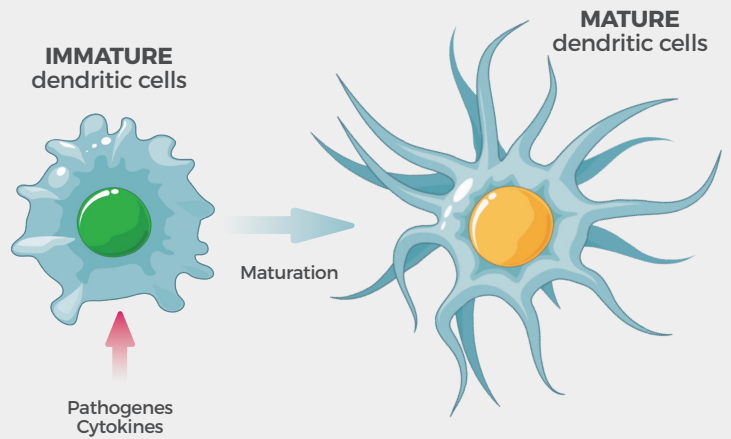
Health through Nature



## DENDRITIC CELLS

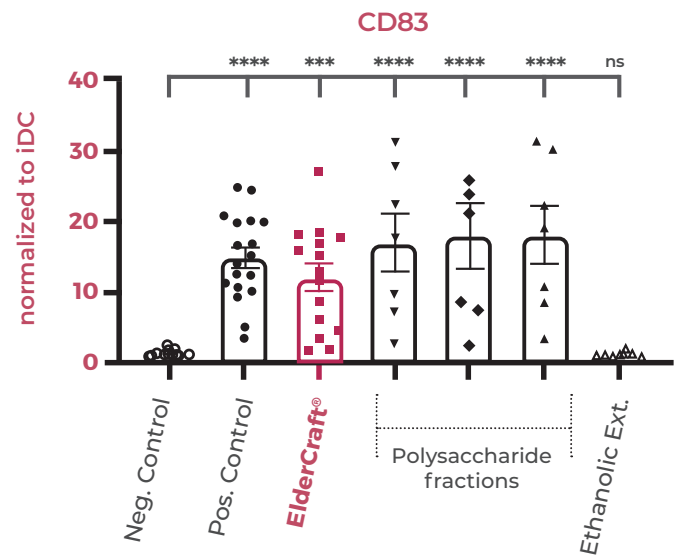
### What was tested?

The researchers isolated polysaccharides from black elderberry extract and tested their effect on the maturation of dendritic cells and the induction of cytokines.



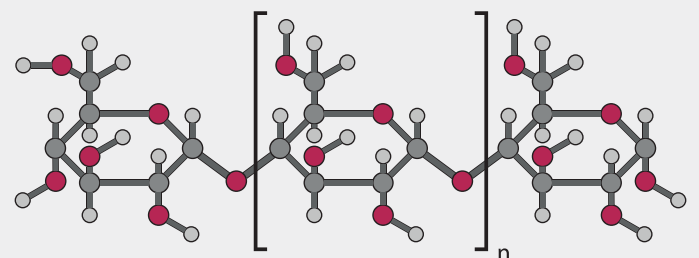
### Key results

The results showed that **polysaccharides from black elderberry act as potent immunostimulants**. In comparison, ethanolic extracts low in polysaccharides did not show this effect. **ElderCraft®** induced a potent DC-mediated T-cell stimulation and a significant induction of pro-inflammatory cytokines. These effects seem to work in parallel to the antiviral activities of anthocyanins.



### What are polysaccharides and why are they important?

Polysaccharides are long chains of saccharides and are one of the major components of fruits of many plants. Polysaccharides fulfill a nutritional function and have gained interest as a health promoting substance. Several studies showed that polysaccharides from black elderberries have biological activities such as complement fixing activities and macrophage stimulating activity.<sup>1,2</sup>



### REFERENCES

**FAU**  
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